

# How Long Does Umrah Take? Complete Duration Guide

How long does Umrah take? Rituals take 3–5 hours. Full trip from the UK takes 5–14 days. Breakdown of Tawaf, Sa'i, flights & best trip duration.

Published 09 Jun 2026 · 2,974 words · 15 min read



## How Long Does Umrah Take? Complete Duration Guide

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**How long does Umrah take?** The Umrah rituals themselves — Tawaf, Sa'i, and Halq — take **3 to 5 hours** for most pilgrims. But the full trip from the UK usually takes **5 to 14 days**, based on your flights, hotel stay, and how much time you want in Makkah and Madinah.

That's the short answer. And for most people, that's the one that matters most. If you'd like the full ritual order first, our [step-by-step Umrah guide](#) walks you through each part clearly.

Below, we'll break it all down. Ritual time. Flight time. Days off work. And what we honestly suggest for first-timers in 2026.



*How Long Does Umrah Take Pilgrims Performing Tawaf Around the Kaaba*

## Quick Answer: How Long Does Umrah Take?

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Here's the simple version.

If you're already in Makkah, Umrah can be done in one sitting. Off-peak, some pilgrims finish in about 90 minutes to 2.5 hours. In busier periods, especially after Isha, on Fridays, or in Ramadan, it often takes 3 to 5 hours.

But that isn't the whole trip. From the UK, most people book 5, 7, 10, or 14-day stays through [Umrah packages UK 2026](#). Our groups typically find 7 days works best. It's long enough to breathe, but not so long that work becomes hard to manage.

## How Long Does Umrah Take to Perform? - Ritual Breakdown

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Let's get into the ritual time.

So, **how long does Umrah take** once you start? Usually 1.5 to 2.5 hours off-peak, or 3 to 5 hours in busy times. Most of the delay comes from crowd levels in Tawaf around the Kaaba.

<b>Ritual</b>	<b>Off-Peak Duration</b>	<b>Peak/Ramadan Duration</b>	<b>Notes</b>
<b>Tawaf</b> (7 circuits around Kaaba)	30-60 minutes	1.5-2.5 hours	Ground floor is slowest; upper floors can be faster
<b>Sa'i</b> (7 walks between Safa & Marwah)	30-60 minutes	1-2 hours	Air-conditioned, flat, and easier to pace
<b>Halq/Taqsir</b> (shave or trim hair)	10-20 minutes	10-30 minutes	Barbers near Haram usually work quickly
<b>Total ritual time</b>	<b>1.5-2.5 hours</b>	<b>3-5 hours</b>	Best to allow extra time so you don't rush

The ritual itself is simple. You enter in Ihram, make Tawaf, pray if you can, do Sa'i between Safa and Marwah, then cut your hair. That's it.

Now, here's the thing. People often think Umrah takes all day. It usually doesn't. In our experience arranging trips for UK families, the real issue isn't the ritual steps. It's crowd density, tired legs, and the fact that many people start right after a long flight.

If you're unsure about the order, read our [how to perform Umrah step by step](#) guide. And if you need clothing rules first, our [ihram rules](#) page helps a lot.



*Umrah Ritual Duration Breakdown for Tawaf Sai and Halq*

## How long does Tawaf take?

Tawaf takes the most time.

Off-peak, it can take 30 to 60 minutes. In Ramadan, school holidays, and busy winter weeks, it may take 1.5 to 2.5 hours. The mataf level close to the Kaaba is the slowest. It feels amazing. But it moves slowly.

Upper floors can be quicker in terms of crowd flow. Still, the walking distance is longer. So the best option depends on your age, stamina, and crowd conditions that day.

If you want du'as for this part, our [dua for Tawaf](#) guide is useful to save before you travel.

## How long does Sa'i take?

Sa'i is often easier.

The path between Safa and Marwah is indoors, flat, and air-conditioned. Most pilgrims do it in 30 to 60 minutes when it's quiet. In peak periods, allow 1 to 2 hours.

Families with children, older parents, or wheelchair users should add more time. That's normal. Don't measure your Umrah against anyone else's pace.

# How Long Is Umrah from the UK? - Full Trip Duration

This is what most people mean.

When people ask **how long is Umrah**, they usually mean the full trip from the UK. Realistically, most stays are between 5 and 14 days. The ritual may be done in a few hours, but the journey, rest, prayers, and travel between Makkah and Madinah take longer.

Trip Length	Best For	Makkah/Madinah Split	Our Verdict
<b>5 days</b>	Quick trip, limited leave	3 nights Makkah + 2 nights Madinah	Rushed, but possible
<b>7 days</b>	First-timers, most popular	4 nights Makkah + 3 nights Madinah	Best for most UK pilgrims
<b>10 days</b>	Relaxed stay	5 nights Makkah + 5 nights Madinah	Very comfortable
<b>14 days</b>	Ramadan, retirees, repeat Umrah	7 nights Makkah + 7 nights Madinah	Ideal if time allows

To be honest, 7 days is the sweet spot. We've found that first-time pilgrims settle better with one full week. You get time to recover from the flight, perform Umrah without panic, and spend proper time in Masjid al-Haram and Masjid Nabawi.

A 5-day trip works. But it feels tight. A 10 or 14-day trip feels much calmer, especially if you're travelling with parents or young children.

If you're comparing lengths and hotel standards, see our [Umrah Packages UK 2026: Compare 7, 10 & 14 Day Deals](#) page. You can also look at a [7 Days 4 Star Umrah Package](#) or a [14 Days 5 Star Umrah Package](#) to picture how the stay usually works.

## How Many Days Off Work for Umrah from the UK?

This part matters a lot.

Many UK pilgrims aren't asking only about rituals. They're asking how to fit Umrah around annual leave, school dates, and family life. And yes, we get asked this a lot.

Trip Length	Days Off Work Needed	Helpful Tip
5 days	About 3 days	Use a weekend on both sides
7 days	About 5 days	Best fit for a normal work week
10 days	6-8 days	Add a bank holiday if you can
14 days	10 days	Best for longer planned leave

Most of our UK clients choose a 7-day stay. It's neat. Fly out at the start of the week, return at the end, and use five days of leave.

Bank holidays help a lot. Easter, the May bank holidays, and late August are always popular. You save leave days without cutting your worship time short.

If you're booking from the Midlands, our [Umrah packages from Birmingham](#) page is a good place to start. And if you're still deciding when to go, our [best time to perform Umrah](#) guide breaks down weather, crowds, and school holiday patterns.

## UK to Jeddah Flight Time - How Long Is the Flight?

Let's talk flight times.

This is where many people underestimate the full journey. The direct flight itself is not that long. But airport time, baggage, immigration, and the ride to Makkah all add up.

Departure City	Direct Flight Time	With 1 Stop	Common Options
London	6 hours 10 min	10-13 hours	Saudia, British Airways, Turkish, Emirates
Birmingham	6 hours 15 min	10-14 hours	Saudia, Turkish, Emirates

Departure City	Direct FlightTime	With 1Stop	Common Options
<b>Manchester</b>	6 hours 20 min	10-14 hours	Saudia, Turkish, Emirates
<b>Glasgow/Edinburgh</b>	No direct usually	10-15 hours	Turkish, Emirates, Qatar Airways

**London to Jeddah flight time** is usually about 6 hours 10 minutes on a direct route. **Birmingham to Jeddah flight time** is about 6 hours 15 minutes. **Manchester to Jeddah flight time** is around 6 hours 20 minutes when direct flights are running.

Good news, though. That's shorter than many people expect. The harder part is the full airport day, not the time in the air.

If you're flying from Scotland, take a look at our [Glasgow Umrah packages](#) guide. For London-based travellers, we also have [Umrah Packages from London 2026 - Flights, Hotels Near Haram & Visa](#).



*London Birmingham and Manchester to Jeddah Flight Time Map*

## Total Umrah Journey Time from the UK - Door to Door

Here's the realistic total.

If you leave home in the UK and head all the way to your hotel in Makkah, the journey usually takes 12 to 18 hours with a direct flight. With one stop, it can be 16 to 24 hours.

Stage	Time
Home to UK airport	1-3 hours
Check-in, security, boarding	2-3 hours
Flight to Jeddah	6-7 hours direct or 10-15 hours with 1 stop
Jeddah airport immigration and baggage	30 minutes to 2 hours
Jeddah to Makkah hotel	30-90 minutes
<b>Total home to hotel</b>	<b>12-18 hours direct or 16-24 hours with 1 stop</b>

So yes, the Umrah itself is short. But the travel day is long. That's why we rarely tell first-timers to land and rush straight into Tawaf unless they're feeling fresh.

Most people do better with a shower, some food, and a few hours' rest. Then they go to the Haram with focus and energy. It makes a big difference.

For hotel planning, our guides to [hotels near Haram Makkah](#) and [hotels near Masjid Nabawi](#) can help you cut down walking time too.

## Sample Umrah Itineraries - Day by Day

This makes it easier to picture.

Below are two common trip shapes we arrange for UK pilgrims. One is quick. One is balanced.

### 5-day Umrah itinerary

Day	What Happens
Day 1	Fly UK to Jeddah, travel to Makkah, check in, rest
Day 2	Perform Umrah, pray in Haram, rest

Day	What Happens
Day 3	Ziyarat in Makkah, optional extra worship
Day 4	Travel to Madinah, visit Masjid Nabawi
Day 5	Morning prayers, airport transfer, fly home

## 7-day Umrah itinerary

Day	What Happens
Day 1	Fly UK to Jeddah, travel to Makkah, check in, rest
Day 2	Perform Umrah, rest, night prayers in Haram
Day 3	Extra prayers in Haram, ziyarat in Makkah
Day 4	Free day, shopping, rest, optional second Umrah
Day 5	Travel to Madinah by train or private transfer
Day 6	Masjid Nabawi, Rawdah, Madinah ziyarat
Day 7	Morning prayers, airport transfer, fly home

The 7-day version is our most booked format. It gives you enough time in both holy cities. And it doesn't feel like a blur.

If you want to plan your ziyarat days, see our guides to [places to visit in Makkah](#) and [places to visit in Madinah](#). For travel between the two cities, our [Haramain train guide](#) explains the 2-hour rail journey clearly.



Day Umrah Itinerary from UK Day by Day Guide

## Factors That Affect How Long Umrah Takes

A few things change the timing.

So even when people ask the same question, the answer can still vary. That's normal. Here are the main things that affect how long does Umrah take in real life.

Factor	Impact on Duration
Crowd level	Ramadan and school holidays can double Tawaf time
Time of day	Late night and after Fajr are often faster
Fitness level	Older pilgrims and families may need more breaks
Floor choice	Ground floor is slower; upper levels mean more walking
Season	January and September are often calmer than December or Ramadan
Wheelchair use	Usually adds time due to wider routes and lift access

Want the fastest time? Go off-peak. Start late at night or very early. And don't arrive at the Haram already exhausted from travel.

Want the most spiritually charged time? Ramadan is special. No doubt. But it is slower. And you should plan for that from the start.

If you're picking dates for the 2026 Umrah season, compare months in our [Best Time to Perform Umrah 2026: Cheapest, Coolest & Least Crowded Months](#) article.

Also, if you're preparing your du'as before travel, our [Complete Umrah Dua List with Arabic, English and Transliteration](#) is worth saving on your phone.



*Crowd Levels in Tawaf Affecting How Long Umrah Takes During Peak and Off Peak Times*

## Frequently Asked Questions - How Long Does Umrah Take

Here are the short answers.

### How long does Umrah take to perform?

The rituals usually take 3 to 5 hours in busy periods. Off-peak, many pilgrims finish in 1.5 to 2.5 hours. Tawaf is the part most affected by crowds.

## How long is an Umrah trip from the UK?

Most UK pilgrims book 7 days. Short trips can be 5 days, while more relaxed stays are 10 or 14 days. That gives time for Makkah, Madinah, rest, and worship.

## Can you do Umrah in one day?

Yes, the ritual itself can be done in one session. But from the UK, a true one-day Umrah trip isn't realistic. Flights, immigration, and transfers make that impossible for almost everyone.

## How long does Tawaf take?

Tawaf often takes 30 to 60 minutes off-peak. In Ramadan or heavy crowds, it can take 1.5 to 2.5 hours. The ground floor near the Kaaba is usually the slowest.

## How long does Sa'i take?

Sa'i usually takes 30 to 60 minutes when it's calm. In busy periods, allow 1 to 2 hours. The route is indoors, so it's easier than many first-timers expect.

## How many days off work do I need for Umrah?

For a 7-day trip, most people use 5 working days of annual leave. For a 5-day trip, some manage with 3 days by using weekends well. Bank holidays can help you save leave.

## How long is the flight from London to Jeddah?

Direct flights take about 6 hours 10 minutes. One-stop routes usually take 10 to 13 hours in total. Your full journey will be longer once airport time is added.

## How long is the flight from Birmingham to Jeddah?

Direct flights are about 6 hours 15 minutes. With one stop, expect 10 to 14 hours. Then add the transfer from Jeddah to Makkah.

## How long is the flight from Manchester to Jeddah?

Direct flights are around 6 hours 20 minutes when available. One-stop options usually take 10 to 14 hours. Manchester travellers should always check direct flight dates early.

## What is the best trip duration for first-time Umrah?

We'd say 7 days. It gives you enough time to rest, perform Umrah well, visit Madinah, and return home feeling full, not rushed. For most UK pilgrims, it's the best balance.

## Final Thoughts

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So, **how long does Umrah take?** The rituals usually take 3 to 5 hours. The full trip from the UK usually takes 5 to 14 days. And for most first-timers, 7 days is the best fit.

You don't need two full weeks. But you also don't want to watch the clock the whole time. A balanced trip gives you space for Tawaf, Sa'i, prayer, Zamzam, rest, and time in both Makkah and Madinah.

If you're ready to plan, you can [Browse all Umrah packages](#) or [Get a free Umrah quote](#). And before you travel, it's worth reading our [how to perform Umrah step by step](#) guide and our [best time to perform Umrah](#) article too.

## Helpful next steps for UK pilgrims

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If you want to turn this advice into a clear plan, the pages below will help you go one step further. They cover the wider rules, package choices, checklists, and practical travel points that usually come up after you finish a guide like this one.

- [Hajj Packages UK 2026](#) This pillar page gives you the full background, key rules, and step-by-step context around this topic. It is the best place to go if you want the bigger picture before you make any travel decisions. It is especially helpful if you are looking for hajj packages uk.
- [Bradford Economy 3 Star 10 Nights Umrah Package from UK](#) This page is useful when you want real options, package details, hotel information, and practical UK departure planning. It helps you compare what is available instead of staying at the research stage.
- [How Much Does Umrah Cost from UK? Complete Price Breakdown for 2026](#) This supporting guide answers a closely related question and adds more detail, examples, or travel tips. It works well as

your next read if you want a narrower answer after this main article. It is especially helpful if you are looking for How much does Umrah cost from UK in 2026? See flights, visa, hotels & spend guide. From £470pp. Get a free personalised quote.

- [How to Apply for Umrah Visa from UK Without Mistakes: Full Online Form Guide, Price Breakdown & Approval Tips](#) This supporting guide answers a closely related question and adds more detail, examples, or travel tips. It works well as your next read if you want a narrower answer after this main article. It is especially helpful if you are looking for Discover how to apply for Umrah visa from UK step-by-step. Learn prices, online form tips, Saudi waiver rules and approval advice for 2026.
- [Bradford Economy 3 Star 14 Nights Umrah Package from UK](#) This page is useful when you want real options, package details, hotel information, and practical UK departure planning. It helps you compare what is available instead of staying at the research stage.
- [Bradford Economy 3 Star 21 Nights Umrah Package from UK](#) This page is useful when you want real options, package details, hotel information, and practical UK departure planning. It helps you compare what is available instead of staying at the research stage.

Reading a few of these pages together will give you a fuller view than relying on one article alone. That matters even more when you are comparing routes, costs, rituals, and timing from the UK.

Small planning details make a big difference. A stronger plan usually means fewer rushed decisions, fewer missed steps, and a calmer journey overall. That is why we always suggest reading the core pillar guide, one practical package page, and a few narrower support articles before you book or travel.

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